



SERVICES PROVIDED IN TREATMENT CENTRES IN A PANDEMIC CONTEXT



Indigenous Services
Canada



FIRST NATIONS OF QUEBEC
AND LABRADOR HEALTH
AND SOCIAL SERVICES
COMMISSION

Due to the COVID-19 pandemic, all First Nations treatment centres in Quebec have had to close their accommodation services and therapy programs for an indefinite period. The following are the services that are still being provided:

MAWIOMI TREATMENT CENTER (ENGLISH)

SERVICES OFFERED

- A 4-week cultural program consisting of workshops, support circles and individual counselling has been offered virtually since June 8. The second cohort is scheduled from August 17 to September 11 via Zoom. If you are interested, send an email to jim@mawiomi.org.
- Online chat service on the center's Facebook page, from 8:00 a.m. to midnight (7 days a week).
- Weekly support circles on Zoom at 6:00 p.m.
- Online one-on-one counselling. To book an appointment, call 418-759-3522.
- Outpatient services, Monday to Friday. For more information: 418-788-5135.
- Continued follow-up is ensured by the post-treatment follow-up worker.
- The center plans to reopen its residential services in early October, at 50% of total capacity, or 3 clients out of 7.

CONTACT INFORMATION

1-418-759-3522, extension 200

Monday to Friday from 8:00 a.m. to 4:00 p.m.

Dial 0 for 24/7 support

Line for members of the communities of Listuguj and Gesgapegiag

1-418-788-5135

Facebook: <https://www.facebook.com/Mawiomi-Treatment-Center-334168266772229/>

CENTRE MIAM UAPUKUN (FRENCH, INNU)

SERVICES OFFERED

- Virtual services under development.
- The centre is planning on reopening its residential services September 13. It will accommodate 6 clients, or 50% of capacity, for 21 days of therapy.
- Monitoring on social networks and individual support on Facebook.
- Literature review of the 12 steps of AA.
- Listening to the audio of the Big Book of AA.
- Reading of the AA principles online

CONTACT INFORMATION

1-418-927-2254

Website: <http://www.miamuapukun.net/>

Facebook: <https://www.facebook.com/miamuapukun/>

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ONEN'TO:KON HEALING LODGE (ENGLISH, MOHAWK)

SERVICES OFFERED

- After-hours over-the-phone support; evenings and weekends.
- 3-week virtual program offered since June 15, including one-on-one counselling sessions, confidentiality of information disclosed, and the possibility of over-the-phone sessions for clients who don't have access to the Internet. The program provides informative presentations on healthy lifestyles, relapse prevention, coping strategies and stress management.
- A cultural component is also included in the sessions twice a week and is posted on the Facebook page.
- The registration form for the online program has been modified and phone interviews will be required with clients before they are admitted into the online program.
- The center is not planning to reopen its residential services due to the possibility of a second wave of COVID-19 in Quebec.

CONTACT INFORMATION

1-450-479-8353

Toll-free support line 1-888-479-8353

Monday to Friday, 8:00 a.m. to 4:00 p.m.

Resource person to contact: Richard Etienne

Website: <http://www.onentokon.com/>

Facebook: <https://www.facebook.com/pages/Ontonok-Kon-Treatment-Center/1756412954591285>

WANAKI CENTER (FRENCH, ENGLISH)

SERVICES OFFERED

- 3-week virtual program on Zoom. The program requires a 4-hour daily commitment from Monday to Friday. The registration form and other information can be found on the Wanaki Center's site.
- Virtual sharing circle for English speakers on Zoom every Monday and Friday from 1:00 p.m. to 3:00 p.m.
- Virtual sharing circle for French speakers on Zoom every Monday and Friday, from 10:00 a.m. to noon.
- Online chat service on the Facebook page.
- Monthly promotional contest to encourage healthy habits and promote personal wellness. Contest details can be found on the center's Facebook page.
- The center is planning to reopen its residential services in January 2021. However, the virtual program will continue to be available and mobile teams will be touring the communities during the fall to promote services and provide support as needed.

CONTACT INFORMATION

1-819-449-7000

Toll-free support line: 1-800-745-4205

Cellphone: 819-441-4371

Monday to Friday from 8:00 a.m. to 5:00 p.m.

Website: <https://www.wanakicenter.com/>

Facebook : <https://www.facebook.com/centrewanakicenter/>



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WALGWAN CENTER (FRENCH, ENGLISH)

SERVICES OFFERED

- 3-week virtual prevention program, offered since June 8 (closed cohort).
- Alumni Support Circle with thematic discussions on Zoom every Thursday from 6:00 p.m. to 7:00 p.m.
- Residential services will reopen September 2 with capacity for 6 clients for 98 days in closed cohort.
- Outreach services with individual sessions for all communities.
- Surveillance on the social networks to determine the needs of young people.

CONTACT INFORMATION

1-418-759-3006

Toll-free support line: 1-844-759-3006 from 10:00 a.m. to 4:00 p.m.

Online chat service at <http://www.walgwan.com/en/> from 10:00 a.m. to midnight

Facebook: <https://www.facebook.com/centrewalgwancenter/> and
<https://www.facebook.com/educators.atwalgwan>

Instagram and Snapchat: walgwan

CENTRE DE RÉADAPTATION WAPAN (FRENCH)

SERVICES OFFERED

- Residential services will reopen August 16 (continuation of therapy interrupted in March).
- 27-day residential service (next cohort from September 20 to October 15).
- Meetings of former clients on Zoom.

CONTACT INFORMATION

1-819-523-7641

Atikamekw Info-social line (toll-free): 1-855-523-2082

(7 days a week from 8:00 a.m. to 8:00 p.m.)

Website: <https://www.centrewapan.com/>

Facebook: <https://www.facebook.com/Centre-de-R%C3%A9adaptation-Wapan-139291030023558>

Given the current context, the opening of the centers may vary.
Please contact the centers to find out about their schedule.